22 Scottish Womens Eastern District Cross Country Championships, Aberdeen -Seniors:1. P Rother (EAC) 19-55, 2, V Blair (EWM) 20-18, 3, L Bain (Aberdeen) 20-39, 4 S McDowall (Pitreavie) 21-01, 5 T Calder

(LV1)(EAC) 21-12, 6, J Salvona (Liv & Dist) 21-41. 1st Young Senior, M Boyd (Forres) 22 - 18. Teams: 1, Edinburgh Ac 17pt, 2, Aberdeen AAC 31pt, 3. Livingstone & District Ac

39pt Intermediates: 1, S Grainger (EWM) 16-12. 2, L Svasand (Pitreavie) 16-57, 3, J Rankine

(Inverness) 17-05, Teams:1, EWM 22pt. 2. Edinburgh Ac 42, 3, Dundee Hawkhill H

58. Juniors:1, L Thoumire (EWM) 12-12, 2, D Simpson (Aberdeen) 12-15, 3, A Ramsay (EAC) 12-24, Teams:1, EWM 47pts, 2,

Inverness H 55, 3, Aberdeen AAC 67pts. Girls: A Chayne (Bathgate) 12-34, 2, S Purdie (Teviot) 12-40, 3, L Fornan (Peterhead) 12-43, Teams:1, Bathgate AAc 47pts, 2. Pitreavie AAC 55, 3,

Aberdeen AAC 75 Minors: l, M Smith (Black Isle) 6-55, 2, V Clarke (Tayside) 6-59, 3, J Brown (Harmeny) 7-09, Teams:1, Black Isle AC 41pts, 2 Aberdeen AAc 50, 3, Banchory

AC 79.

Eastern District Womens CC Championships – Balgownie, Aberdeen. November 22

Runners from the east went north this year to Aberdeen for the district championships and not surprisingly runners from the north were out in force at Balgownie Playing Fields to

make the most of the opportunity.

The team of Girls from the Black Isle gladdened Ray Cameron's heart by a first place performance to back young Marjorie Smith's winning example.

Dawn Simpson (Aberdeen) picked just the right moment to return to something like last year's form to take second amongst the juniors while Marie Duffy of Fraserburgh came from nowhere to finish seventh in the senior race just ahead of that Inverness pair Sheila Campbell and Julie Wilson. Forres' Amanda Boyd was first young senior in 12th position.

Once again however it was Penny

Rother's (EAC) day. She led from the start of the senior event to finish the 3½ mile course 23 seconds ahead of Violet Blair (EWM) in 19:55; 2, V Women – 1, P Rother (EAC) 19:55; 2, V Blair (EWM) 20:18; 3, L Baim (A'deen)

20:39; 4, S MacDowell (Pit) 21:01; 5, T

Calder (EAC-V35) 21:12: 6, J Salvona (Living) 21:41; 7, M Duffy (Fraser) 21:47; 8, S Campbell (l'ness) 21:50; 9, J Wilson (l'ness) 21:56; 10, M Taggart (Pit) 22:12. Teams: 1, Edinburgh AC 17; 2, Aberdeen 31; 3, Livingstone 39. Inter -1, S Grainger (EWM) 16:12; 2, L Swaasand (Pit) 16:57; 3, J Rankin (l'ness) 17:05. Teams: Edinburgh WM 22; Edinburgh AC 42; Dundee Hawkhill 55. Juniors - 1, L Thoumire (EWM) 12:12; 2, D Simpson (A'deen) 12:15; 3, A Ramsey (EAC) 12:24. **Teams:** EWM 47; Inverness 55; Aberdeen 67. Girls - 1, A Cheyne (B'gate) 12:34; 2, S Purdie (Teviot) 12:40; 3, L Forman (P'head) 12:43. **Teams:** 1, Bathgate 47; 2, Pitreavie 55: 3. Aberdeen 75. Minors -1, M Smith (Black I) 6:55; 2, V Clark (Tay) 6:59; 3, J Brown (Harm) 7:05. **Teams:**

Black Isle 41; 2, Aberdeen 56; 3,

Banchory 79.